

MEGA swim 26: Session: 1: COACH Evaluation sheet for TEAM: ALZV

Coachinfo: Warming up from: 08:00 untill 08:45. Teamleadmeeting @ 08:45 The listed starttimes are indicative!

Coaches: Pinte Kevin HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 400M FREESTYLE WOMEN 11-14							Heat:3, starttime: 09:25	
Heat: 3/7 Lane : 5 Athlete: NECULAE MARIA IULIA							Q-time: 06:03:95	
PB (50m pool): no time			PB (25m pool): 06:03.95SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11-16							Heat:2, starttime: 09:55	
Heat: 2/11 Lane : 0 Athlete: WAGEMANS DAAN							Q-time: 99:99:99	
PB (50m pool): no time				PB (25m pool): 01:31.40 SB: no time				
	5 0 M		1 0 0 M					
PB	no time		no time					
	no time							
								

Coach feedback:

Event number: 4: 100M BREASTSTROKE WOMEN 11-16							Heat:9, starttime: 10:35	
Heat: 9/18 Lane : 3 Athlete: VAN ROY ONAH							Q-time: 01:39:65	
PB (50m pool): 01:39.65 Antwerpen 20/07/2025							PB (25m pool): 01:32.35 SB: no time	
	5 0 M		1 0 0 M					
PB	00:47.29		01:39.65					
	00:47.29		00:52.36					
								

Coach feedback:

MEGA swim 26: Session: 1: COACH Evaluation sheet for TEAM: ALZV

Event number: 5: 100M FREESTYLE MEN 11-16			Heat:10, starttime: 11:10
Heat: 10/19 Lane : 3 Athlete: WAGEMANS DAAN			Q-time: 01:10:16
PB (50m pool): 01:10.16 Wezenberg 04/01/2026			PB (25m pool): 01:07.40 SB: 01:10.16 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:33.12	01:10.16	
	00:33.12	00:37.04	
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:10, starttime: 11:50
Heat: 10/21 Lane : 7 Athlete: NECULAE MARIA IULIA			Q-time: 01:27:95
PB (50m pool): 01:27.95 Antwerpen 20/07/2025			PB (25m pool): 01:26.05 SB: no time
	5 0 M	1 0 0 M	
PB	00:43.73	01:27.95	
	00:43.73	00:44.22	
			

Coach feedback:

Event number: 6: 100M BACKSTROKE WOMEN 11-16			Heat:15, starttime: 12:00
Heat: 15/21 Lane : 3 Athlete: VAN ROY ONAH			Q-time: 01:20:09
PB (50m pool): 01:20.09 Antwerpen 20/07/2025			PB (25m pool): 01:15.55 SB: no time
	5 0 M	1 0 0 M	
PB	00:39.44	01:20.09	
	00:39.44	00:40.65	
			

Coach feedback: